


partnerships for mental health



Third Sector organisations (TSOs) are key players in the overall mental health 'scene' in our region and have built up highly effective partnerships over many years. The present funding climate and financial pressures on the statutory sector mean, however, that some TSOs, especially the small/medium sized organisations, are facing an uncertain future. There is an urgent need to promote dialogue between funders/commissioners and the third sector to ensure that professional expertise and service capacity, for some of the most vulnerable people in our region, is not lost.

This briefing paper sets out to help service planners and commissioners, other funding bodies and regional stakeholders, to understand, access and work with third sector service providers in Yorkshire and the Humber. It also aims to support mental health TSOs to make the first move in contacting local commissioners, and potential partner organisations from within the sector.

The third sector has been working effectively in partnership with statutory agencies to improve the mental health of people in our region for many years. The sector's unique contribution to mental health can be described as:

- * To **reach** the parts other services cannot - the "Heineken Effect"
- * To nurture **innovation** - to discover new solutions
- * To promote mental health **advocacy**
- * To **challenge** the way services are currently planned and delivered
- * To provide **community-based, holistic** services
- * To deliver **high-quality, cost-effective** services

Also inside:

- * Successful third sector partnerships
- * The drive from Government
- * Progress in our region

successful partnerships

The 'Heineken effect'

Reaching the parts, and the people, other services cannot

Set up and run by Community Links, Oakwood Hall is a registered care home for people whose mental health needs cannot be satisfactorily met from other services. Commissioned by Leeds Primary Care Trust (PCT) and Leeds City Council, the service is located in a community setting and based on the recovery model, where people receive consistent support to encourage change in the behaviours that led them to be excluded from other services.



Oakwood Hall, Leeds



The Old Parcels Office

Nurture innovation

The freedom and passion to discover new solutions

Hull & East Yorkshire Mind's Old Parcels Office Arts Centre at Bridlington Railway Station, promotes positive mental health & well being and is an inclusive project for all ages delivering a varied programme of events and workshops. The project supports people to raise their aspirations and improve their quality of life through taking part in creative activities.

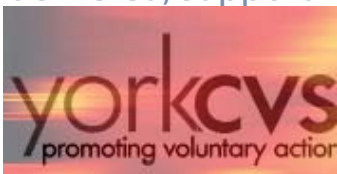
Promote advocacy

By, and on behalf of, people with mental health needs

Sheffield Mental Health Advocacy Service provides advocacy services for people using either community or in-patient mental health services. Mainstay is a group of mental health service users who work together with service providers to improve services in the York area. Also involved in the planning, provision and monitoring of mental health services, and act as a voice



Challenge the way mental health services are currently planned and delivered, supporting service improvement



York CVS Forum for Mental Health is working with its PCT to map the current and potential VCS provision to ensure that complex cases which might otherwise be vulnerable to inappropriate hospitalisation, are provided with alternative support in the community.

Provide community-based services holistically to meet a range of needs and support social inclusion

The Sheffield-based Pakistan Community Association aims to reduce inequalities, working particularly with those with multiple and complex needs who can be the hardest to reach. Services for clients with mental health problems include: one to one advocacy, advice, and signposting to relevant services.



Deliver high quality, cost-effective services promoting recovery and user-led models of support

Leeds Survivor-led Crisis Service, category winner in the Guardian Public Services Awards 2006. An innovative, survivor-led service, providing support to people in acute mental health crisis, as an alternative to statutory services and hospital admission: Dial House provides a place of sanctuary and support open over the weekend; the Connect Helpline open every evening; and group work.



the drive from government

Government has been signalling its desire to widen provision of health services, to include a range of providers, and bring services closer to communities, increasing people's influence on what is offered. Some headline drivers are shown below:

'Our Health, Our Care, Our Say' White Paper

This sets out "a vision to provide people with good quality social care and NHS services in the communities where they live.." and acknowledges the role of the third sector in shifting the balance of provision closer to where people live. One example is the requirement for PCTs to establish a local 'prospectus' involving their communities, including the third sector.

Documents available from the Department of Health website: www.dh.gov.uk

'No excuses. Embrace partnership now. Step towards change'. Report of the Department of Health Third Sector Commissioning Task Force.

Sets out the vision of how the NHS needs to work collaboratively with the third sector on delivering services. Includes guidance for commissioners on market management and innovative practice.

Documents available from the Department of Health website: www.dh.gov.uk

Commissioning a patient-led NHS'

A series of documents on the Department of Health website about the contribution of commissioning to achieving the government's 10-year plan for health service reform. *Documents available from the Department of Health website: www.dh.gov.uk*

Commissioning Frameworks

Specific guidance for commissioners in specific service areas, for example the Commissioning Framework for Health and Well-Being, which recommends a wider range of options for supporting the efforts of people and communities to be healthy and well. *Documents available from the Department of Health website: www.dh.gov.uk*

Links with local government

Joint commissioning and partnership working between local authorities, NHS commissioners and the third sector is well-established in mental health. Relevant drivers include 'Supporting People' guidance around third sector involvement in Local Area Agreements, and local Compacts.

The Employability agenda

Policy links between mental health and access to employment mean that there are opportunities for wider commissioning of services to support people to return to work, for example 'Pathways to Work'.

Documents available on the Department of Work and Pensions website: www.dwp.gov.uk

Office of the Third Sector

This new arm of government, based in Cabinet Office, has produced two particularly useful reports, containing important actions it is planning to take to support the third sector (Partnership in Public Services, and Social Enterprise Action Plan). *Documents available from the Cabinet Office website: www.cabinetoffice.gov.uk*

Social Enterprise

The Department of Health has established a Social Enterprise Unit which is supporting social enterprise as one element in the NHS reform agenda. This is supporting Pathfinder projects and has been working with the Yorkshire and Humber Strategic Health Authority (SHA) and Yorkshire Forward to develop health and social care delivery by social enterprises. *Documents available from the Department of Health website: www.dh.gov.uk*



progress in our region

Heartland Territory

In 2005 the Regional Forum published Heartland 'Territory' about the third sector's role in improving the health of people in our region. Since then the Forum has worked with Public Health and, more recently, the Yorkshire and Humber Strategic Health Authority, on improving partnership working. At the same time, changes in the regional funding environment, notably the end of Single Regeneration Budget, and changes in European and Lottery funding, together with financial pressures on the NHS, have made collaborative working more challenging.

More information is available from the Regional Forum website: www.regionalforum.org.uk

What's Going Well?

Nevertheless there has been progress.

* Good practice has been identified and disseminated and dialogue has commenced between PCT commissioners and third sector stakeholders.

* The Department of Health Social Enterprise Unit has working links with social enterprise support organisations in our region, as well as awarding Pathfinder status to two projects (The Open Door in Grimsby and the Hull-based City Health Care Partnership).

* Funding has been secured for work on a regional consortium of third sector mental health providers.

* There are examples of more innovative commissioning such as Aspire, the Leeds Early Intervention in Psychosis (EIP) service commissioned from Community Links by Leeds PCT. All PCTs were expected by Department of Health to commission EIP services, but Leeds was the first and for years the only PCT to allow TSOs to bid.

Wider Picture

The issues around third sector commissioning extend much more widely than the NHS itself.

Joint commissioning between health and local authorities continues to be significant, and comes under the influence of Local Area Agreements. The Supporting People strand is also still delivered via local authorities for support to people to live independently. JobCentre Plus has worked with the Regional Forum and other third sector stakeholders to open up lines of communication in relation to commissioning of services and programmes such as Pathways to Work. The Learning and Skills Council also commissions services to promote employability and life skills.

Third Sector Response

The third sector itself is rising to the challenge forming consortia and partnerships, becoming more 'business-like' and enterprising, and working on demonstrating the value of, and marketing, its work. The present environment is undeniably tough, however, with even the big third sector organisations facing uncertainty, and many small to medium sized organisations experiencing some harsh realities, including staffing cuts and closure. Time is tight, therefore.

Let's Work Together

The third sector and health and local authority commissioners need to be working together more closely so as to:

- * Deliver the best possible outcomes for people with mental ill-health in our region
- * Hold on to the considerable mutual benefits of existing partnerships
- * Support the government change agenda for both the NHS and local government
- * Ensure that vital capacity in the third sector is not lost because of lack of funds
- * Make full use of the experience and know-how of local third sector organisations, and the special position of trust which they occupy in the communities they serve.

Get in touch

In relation to third sector commissioning, two key messages are emerging:

- The need for dialogue between the third sector and commissioners
- The need for the third sector to get organised

Contact details are given below to enable organisations to take the next step towards working together, problem-solving and getting organised to face the new set of challenges.

Third Sector Organisations

If you want to know how to contact mental health provider organisations, the first stop is local infrastructure organisations (Councils for Voluntary Service (CVS) and others). Contact details of the main third sector infrastructure organisations in the Yorkshire & Humber region are held by NAVCA, available at:

<http://www.nacvs.org.uk/cgi-bin/dirsrc.pl?cmbregion=YH>

The list below contains contact information for more specialist third sector mental health projects or networks:

- **York CVS** Forum for Mental Health (third sector alliance which promotes the sector's contribution to mental health services) - 01904 621133
sue.bradley@yorkcvs.org.uk
- **Voluntary Action Bradford's** 'HealthNet' - 01274 722772, or e-mail
health@bradfordcvs.org.uk
- **Bradford & Airedale Mental Health Advocacy Group** - 01274 770118
- **Voluntary Action Sheffield** Mental Health Partnership Network - 0114 253 6600
- **Voluntary Action Keighley's** CVS PPI Forum - 01274 481590
- **Doncaster CVS** Community Health Action Forum- 01302 343300

Mental Health Providers' Forum

This is a national coalition of third sector mental health organisations (www.mhpf.org.uk). Contact details for their members' offices in this region are given below.

Organisation	Area	Contact	Telephone
Carr-Gomm	North Region	Sally Parsons	0113 225 8900
	East Yorkshire	Denise Brown	0113 225 8900
Making Space	Yorks & Humber	Shane Parnell	01944 415682
Mental Health Matters	Yorks & Humber	Lisa Coal-Wardell	01642 462491
Mind	Hull & E Yorks	Margaret Allen	01924 327681
	Leeds	Julian Turner	0113 230 7608
	York & District	John Burgess	01904 647014
	Sheffield	Ruth Mitchell	0114 258 4489
Rethink	Yorks & N East	Gil Chimon	01924 372 853
Richmond Fellowship	Northern Office (Leeds)	Daphne Ingham	01484 434866
Stonham	Stonham North	Sarah Clark	0113 246 8660
Together	Northern Office	Helen Murray-Sharpe	0113 244 6784
Turning Point	Yorks & E Mids	Dee Napier	01332 794287
United Response	North East	Catherine McGovern	01759 319271
Volition	Leeds	Pip Goff	0113 274 9585

Social Enterprise Networks

Social Enterprise Yorkshire & the Humber (SEYH) - represents and promotes the development of the social enterprise sector in the region. Contact info at www.seyh.org.uk.

Business Links is the national provider of first stop advice for people setting up in business- their website www.businesslink.gov.uk can signpost to local services, or ring them on 0845 600 9 006. **West Yorkshire Social Enterprise Link (wyselink)** is a partnership between Business Link West Yorkshire and the Social Enterprise Support Centre providing support to social enterprises (contact info at www.wyselink.co.uk).

Social Enterprise Support Centre (SESC) supports the development and growth of small and large businesses with a social aim across West Yorkshire (contact info at www.sesc.info).

Statutory Agencies

Local authorities (Mental Health Commissioning, Supporting People) contact details are available locally.

PCT Commissioners are contactable via the following e-mail addresses

Ann Ballarini (Wakefield PCT)	ann.ballarini@wdpct.nhs.uk
Bill Redlin	bill.redlin@nyypct.nhs.uk
Carol McKenna (Kirklees PCT)	carol.mckenna@kirkleespct.nhs.uk
Caroline Briggs	caroline.briggs@nlpct.nhs.uk
Cathy Edwards	cathy.edwards@barnsleypct.nhs.uk
Cathy Waters	cathy.waters@nlpct.nhs.uk
Christine Boswell	christine.boswell@doncasterpct.nhs.uk
David Russell	david.russell@nyypct.nhs.uk
Duncan Ross	duncan.ross@erypct.nhs.uk
Huw Jones	huw.jones@hullpct.nhs.uk
Jane Marshall	jane.marshall@nyypct.nhs.uk
Jill Copeland	jill.copeland@leedspct.nhs.uk
Kath Atkinson	kath.atkinson@rotherhampct.nhs.uk
Kevin Roberts	kevin.roberts@calderdale-pct.nhs.uk
Matt Neligan	matt.neligan@bradford.nhs.uk
Matt Walsh (Leeds pct)	matt.walsh@leedspct.nhs.uk
Mike Pinkerton	mike.pinkerton@rothgen.nhs.uk
Peter Townsend	peter.townsend@nlpct.nhs.uk
Simon Kirk	simon.kirk@sheffieldpct.nhs.uk
Steve Wainwright	steve.wainwright@barnsleypct.nhs.uk
Sue Rogerson	sue.rogerson@nelpct.nhs.uk

Strategic Health Authority contacts

Amanda Forrest Commissioning lead	amanda.forrest@yorksandhumber.nhs.uk
Colin McIlwain Mental Health lead	colin.mcilwain@yorksandhumber.nhs.uk

Department of Health Social Enterprise Unit

<http://www.dh.gov.uk/en/Policyandguidance/Organisationpolicy/Commissioning/Socialenterprise/index.htm>

Department of Health Third Sector Partnership Unit

Carolyn.Heaney@dh.gsi.gov.uk